

RACES 2025 VALID FOR SEEDING IN MARCIALONGA 2026

GRIGLIE DI PARTENZA MARCIALONGA / WAVES

RACE/GARA	km		DATE	ELITE	1 301-350	2 351-500	3 501-1100	4 1101-1700	5 1701-2300	6 2301-2900	7 2901-3500	8 3501-4100	9 4101-4700	10 4701-5300	11 5300-5900
FISI - FIS POINT					0-50	51-80	81-140	141-180	181-220	221-280	281-350				
LA SGAMBEDA	35	CT	15/12/2024		1:04:00	1:06:00	1:11:00	1:17:00	1:21:00	1:25:00	1:29:00	1:33:00	1:40:00	1:48:00	3:00:00
3 Zinnen Ski-Marathon, Toblach	62	CT	11/01/2025		2:30:00	2:40:00	2:45:00	2:50:00	3:00:00	3:15:00	3:30:00	3:50:00	4:05:00	4:30:00	6:30:00
DOLOMITENLAUF	42	CT	16/01/2025		1:51:00	2:00:00	2:06:00	2:20:00	2:38:00	2:46:00	2:56:00	3:07:00	3:20:00	3:40:00	5:00:00
ENGADIN LA DIAGONELA	43	CT	18/01/2024		2:00:00	2:10:00	2:17:00	2:25:00	2:35:00	2:45:00	2:55:00	3:05:00	3:20:00	3:40:00	6:00:00
GF DOBBIACO/TOBLACH-CORTINA	42	CT	01/02/2025		1:34:00	1:37:00	1:42:00	1:50:00	2:00:00	2:08:00	2:15:00	2:26:00	2:40:00	3:00:00	4:15:00
GF DOBBIACO/TOBLACH-CORTINA	37	FT	02/02/2025		1:11:00	1:14:00	1:20:00	1:29:00	1:35:00	1:42:00	1:48:00	1:54:00	2:00:00	2:10:00	3:30:00
La Transjurassienne	40	CT	08/02/2025		1:31:00	1:41:00	1:50:00	2:00:00	2:13:00	2:23:00	2:35:00	2:46:00	3:00:00	3:20:00	4:30:00
Jizerská Padesatka	50	CT	09/02/2025		2:10:00	2:20:00	2:40:00	3:08:00	3:26:00	3:45:00	4:00:00	4:17:00	4:35:00	5:00:00	7:30:00
VAL CASIES/GSIESER TAL LAUF	42	CT	15/02/2025		1:50:00	1:58:00	2:02:00	2:10:00	2:20:00	2:32:00	2:41:00	2:48:00	3:00:00	3:15:00	4:15:00
VAL CASIES/GSIESER TAL LAUF	30	CT	15/02/2025		1:18:00	1:24:00	1:30:00	1:40:00	1:50:00	2:00:00	2:10:00	2:20:00	2:30:00	2:40:00	4:00:00
GATINEAU LOPPET	51	CT	15/02/2025		2:47:00	2:55:00	3:05:00	3:27:00	3:43:00	4:00:00	4:15:00	4:35:00	4:55:00	5:30:00	7:00:00
TARTU MARATON	40	CT	16/02/2025		2:04:00	2:07:00	2:17:00	2:35:00	2:47:00	2:57:00	3:08:00	3:18:00	3:30:00	3:50:00	5:30:00
VAL CASIES/GSIESER TAL LAUF	30	FT	16/02/2025		TOP 3	1:10:00	1:15:00	1:24:00	1:30:00	1:37:00	1:42:00	1:47:00	1:52:00	2:00:00	3:30:00
VAL CASIES/GSIESER TAL LAUF	42	FT	16/02/2025		1:37:00	1:39:00	1:45:00	1:56:00	02:03:00	2:10:00	2:17:00	2:22:00	2:28:00	2:35:00	3:30:00
FINLANDIA-HIITO	62	CT	20/02/2025		3:08:00	3:30:00	3:45:00	4:08:00	4:30:00	4:55:00	5:15:00	5:35:00	6:00:00	6:30:00	8:30:00
AMERICAN BIRKIE	50	FT	22/02/2025		2:10:00	2:20:00	2:30:00	2:48:00	3:05:00	3:20:00	3:32:00	3:47:00	4:00:00	4:25:00	8:00:00
AMERICAN BIRKIE	53	CT	22/02/2025		2:55:00	3:08:00	3:16:00	3:38:00	3:55:00	4:15:00	4:35:00	4:55:00	5:15:00	5:50:00	8:30:00
FINLANDIA-HIITO	62	FT	23/02/2025		2:43:00	3:00:00	3:20:00	3:50:00	4:10:00	4:30:00	4:50:00	5:10:00	5:25:00	5:50:00	7:30:00
VASALOPPET	90	CT	02/03/2025		4:00:00	4:25:00	4:55:00	5:45:00	6:30:00	7:15:00	8:00:00	8:50:00	9:40:00	10:40:00	12:30:00
BIEG PIASTOW	42	CT	08/03/2025		1:55:00	2:05:00	2:20:00	2:40:00	3:05:00	3:25:00	3:40:00	3:57:00	4:15:00	4:35:00	8:00:00
ENGADIN SKIMARATHON	39	FT	09/03/2025		1:35:00	1:40:00	1:53:00	2:10:00	2:22:00	2:32:00	2:42:00	2:53:00	3:07:00	3:22:00	6:00:00
BIKERBEINRRENNET	54	CT	15/03/2025		2:43:00	2:58:00	3:10:00	3:35:00	3:50:00	4:07:00	4:25:00	4:45:00	5:10:00	5:50:00	9:00:00
SKØYTEBIRKEN	54	FT	15/03/2025		2:30:00	2:42:00	2:52:00	3:12:00	3:20:00	3:30:00	3:43:00	3:55:00	4:05:00	4:30:00	7:00:00
MARCIALONGA BODØ	50	CT	22/03/2025		2:30:00	2:50:00	2:55:00	3:05:00	3:20:00	3:30:00	3:50:00	4:10:00	4:30:00	4:50:00	5:30:00

SEE PAGE 2 FOR RACES 2024 - SCORRI A PAG. 2 PER LE GARE 2024



RACES 2024 VALID FOR SEEDING IN MARCIALONGA 2025

GRIGLIE DI PARTENZA MARCIALONGA / WAVES

RACE/GARA	km		DATE	ELITE 1 - 300	1 301-350	2 351-500	3 501-1100	4 1101-1700	5 1701-2300	6 2301-2900	7 2901-3500	8 3501-4100	9 4101-4700	10 4701-5300	11 5300-5900
FISI - FIS POINT				0-50	0-50	51-80	81-140	141-180	181-220	221-280	281-350				
LA SGAMBEDA	35	CT	17/12/2023		1:08:00	1:10:00	1:18:00	1:21:00	1:27:00	1:32:00	1:37:00	1:41:00	1:50:00	2:06:00	3:00:00
3 Zinnen Ski-Marathon, Toblach	63	CT	13/01/2024		2:49:00	3:02:00	3:15:00	3:30:00	3:43:00	3:55:00	4:05:00	4:25:00	4:40:00	5:10:00	6:50:00
DOLOMITENLAUF	42	CT	21/01/2024		1:53:00	2:00:00	2:05:00	2:20:00	2:30:00	2:40:00	3:00:00	3:10:00	3:25:00	3:40:00	5:00:00
GF DOBBIACO/TOBLACH-CORTINA	42	CT	03/02/2024		1:52:00	2:00:00	2:12:00	2:25:00	2:40:00	2:55:00	3:10:00	3:20:00	3:40:00	4:00:00	5:00:00
VAL CASIES/GSIESER TAL LAUF	30	CT	17/02/2024		1:15:00	1:20:00	1:27:00	1:35:00	1:45:00	1:55:00	2:05:00	2:15:00	2:30:00	2:55:00	4:00:00
GATINEAU LOPPET	51	CT	17/02/2024		2:45:00	2:55:00	3:10:00	3:30:00	3:45:00	4:00:00	4:20:00	4:40:00	4:55:00	5:15:00	7:00:00
TARTU MARATON	63	CT	18/02/2024		2:45:00	2:50:00	3:10:00	3:30:00	3:50:00	4:05:00	4:20:00	4:40:00	4:55:00	5:20:00	8:00:00
VAL CASIES/GSIESER TAL LAUF	30	FT	18/02/2024		TOP 8	1:09:00	1:14:00	1:19:00	1:26:00	1:31:00	1:38:00	1:45:00	1:55:00	2:10:00	3:30:00
VAL CASIES/GSIESER TAL LAUF	42	FT	18/02/2024		TOP 10	1:40:00	1:43:00	1:55:00	2:05:00	2:12:00	2:20:00	2:30:00	2:45:00	3:00:00	4:00:00
FINLANDIA-HIITO	62	CT	24/02/2024		3:06:00	3:23:00	3:43:00	4:03:00	4:25:00	4:50:00	5:12:00	5:30:00	5:55:00	6:20:00	8:30:00
LA DIAGONELA	55	CT	20/01/2024		2:30:00	2:45:00	2:55:00	3:05:00	3:20:00	3:35:00	3:45:00	4:05:00	4:30:00	5:00:00	7:00:00
AMERICAN BIRKIE	30	FT	24/02/2024		1:20:00	1:23:00	1:27:00	1:34:00	1:42:00	1:50:00	1:56:00	2:02:00	2:10:00	2:20:00	3:30:00
AMERICAN BIRKIE	30	CT	24/02/2024		1:12:00	1:25:00	1:30:00	1:40:00	1:50:00	2:00:00	2:10:00	2:25:00	2:35:00	2:50:00	4:00:00
FINLANDIA-HIITO	62	FT	24/02/2024		3:00:00	3:10:00	3:30:00	4:00:00	4:15:00	4:30:00	4:45:00	5:00:00	5:15:00	5:30:00	6:30:00
TJEVASA	30	CT	24/02/2024		1:20:00	1:25:00	1:30:00	1:35:00	1:40:00	1:45:00	1:50:00	1:55:00	2:00:00	2:10:00	2:30:00
VASALOPPET	90	CT	03/03/2024		4:40:00	5:07:00	5:50:00	6:50:00	7:40:00	8:30:00	9:10:00	9:50:00	10:40:00	11:30:00	13:00:00
MARCIALONGA ARCTIC SKI RACE	46	CT	09/03/2024		2:30:00	2:40:00	2:50:00	3:10:00	3:25:00	3:40:00	3:50:00	4:10:00	4:20:00	4:50:00	6:30:00
ENGADIN SKIMARATHON	39	FT	10/03/2024		1:55:00	1:56:00	2:10:00	2:25:00	2:40:00	2:47:00	2:57:00	3:10:00	3:25:00	3:50:00	5:30:00
BIKERBEINRRENNET	54	CT	17/03/2024		2:50:00	3:03:00	3:20:00	3:40:00	3:55:00	4:12:00	4:30:00	4:50:00	5:20:00	5:50:00	10:00:00

RACES 2023 VALID FOR SEEDING IN MARCIALONGA 2025 (+1 gruppo)
GARE 2023 VALIDE PER ASSEGNAZIONE GRIGLIA MARCIALONGA 2025 (+1 group)

GRIGLIE DI PARTENZA MARCIALONGA / WAVES

RACE/GARA	km		DATE	ELITE L - 300	1 281-350	2 351-500	3 501-1100	4 1101-1700	5 1701-2300	6 2301-2900	7 2901-3500	8 3501-4100	9 4101-4700	10 4701-5300	11 5300-5900
FISI - FIS POINT				0-50	0-50	51-80	81-140	141-180	181-220	221-280	281-350				
LA SGAMBEDA	35	CT	18/12/2022		1:23:00	1:28:00	1:35:00	1:40:00	1:46:00	1:54:00	2:03:00	2:11:00	2:20:00	2:40:00	3:30:00
PUSTERTALER SKIMARATHON	62	CT	14/01/2023		2:50:00	2:57:00	3:07:00	3:20:00	3:30:00	3:40:00	3:55:00	4:10:00	4:30:00	4:45:00	5:50:00
DOLOMITENLAUF	42	CT	22/01/2023		2:07:00	2:14:00	2:20:00	2:42:00	2:55:00	3:10:00	3:28:00	3:42:00	4:00:00	4:30:00	5:30:00
LA DIAGONELA	55	CT	21/01/2023		2:07:00	2:15:00	2:25:00	2:35:00	2:45:00	3:00:00	3:15:00	3:32:00	3:50:00	4:15:00	6:00:00
KÖNIG LUDWIG LAUF	42	FT	04/02/2023		1:54:00	2:00:00	2:10:00	2:25:00	2:40:00	2:46:00	2:55:00	3:05:00	3:15:00	3:30:00	4:30:00
KÖNIG LUDWIG LAUF	42	CT	05/02/2023		1:40:00	1:45:00	1:55:00	2:07:00	2:20:00	2:30:00	2:45:00	2:55:00	3:15:00	3:45:00	5:20:00
DOBBIACO/TOB-CORTINA	42	CT	05/02/2023		2:10:00	2:16:00	2:28:00	2:44:00	3:00:00	3:13:00	3:25:00	3:37:00	3:50:00	4:15:00	6:00:00
DOBBIACO/TOB-CORTINA	42	FT	05/02/2023		1:45:00	1:50:00	1:59:00	2:08:00	2:17:00	2:26:00	2:35:00	2:42:00	2:55:00	3:10:00	4:50:00
MARCIAGRANPARADISO	40	CT	05/02/2023		1:53:00	1:58:00	2:10:00	2:20:00	2:35:00	2:50:00	3:00:00	3:15:00	3:30:00	3:55:00	5:30:00
LA TRANSJURASSIENNE	47	CT	11/02/2023		2:05:00	2:15:00	2:38:00	2:55:00	3:12:00	3:25:00	3:38:00	3:55:00	4:10:00	5:00:00	7:00:00
LA TRANSJURASSIENNE	47	FT	12/02/2023		2:00:00	2:10:00	2:25:00	2:42:00	2:50:00	3:05:00	3:18:00	3:30:00	3:50:00	4:15:00	7:00:00
JIZERSKÁ PADESATKA	50	CT	12/02/2023		2:30:00	2:50:00	3:25:00	3:50:00	4:10:00	4:30:00	4:45:00	5:00:00	5:25:00	6:00:00	8:00:00
GATINEAU LOPPET	50	FT	19/02/2023		2:17:00	2:22:00	2:40:00	2:50:00	3:00:00	3:08:00	3:20:00	3:30:00	3:40:00	3:55:00	6:00:00
GATINEAU LOPPET	50	CT	18/02/2023		2:40:00	2:46:00	3:05:00	3:25:00	3:45:00	3:55:00	4:10:00	4:28:00	4:40:00	5:00:00	7:00:00
Furusjøen Rundt-rennet	45	CT	18/02/2023		2:20:00	2:30:00	2:35:00	2:45:00	2:53:00	3:00:00	3:10:00	3:20:00	3:30:00	3:45:00	5:00:00
GSIESER TAL - VAL CASIES	42	CT	18/02/2023		1:50:00	2:00:00	2:10:00	2:15:00	2:25:00	2:36:00	2:45:00	2:56:00	3:05:00	3:30:00	4:15:00
GSIESER TAL - VAL CASIES	30	CT	19/02/2023		1:10:00	1:12:00	1:20:00	1:27:00	1:32:00	1:38:00	1:44:00	1:50:00	1:58:00	2:10:00	3:30:00
TARTU MARATON	63	CT	19/02/2023		3:20:00	3:40:00	4:00:00	4:25:00	4:45:00	5:05:00	5:25:00	5:45:00	6:10:00	6:50:00	9:30:00
FINLANDIA-HIIHTO	32	CT	25/02/2023		1:55:00	2:05:00	2:15:00	2:35:00	2:50:00	3:00:00	3:15:00	3:25:00	3:35:00	3:50:00	6:50:00
FINLANDIA-HIIHTO	58	CT	25/02/2023		3:00:00	3:15:00	3:30:00	3:50:00	4:11:00	4:25:00	4:45:00	4:57:00	5:25:00	5:55:00	8:00:00
VASALOPPET TJEJVASAN	30	KM	25/02/2023		1:23:00	1:25:00	1:30:00	1:35:00	1:40:00	1:45:00	1:50:00	1:55:00	2:00:00	2:05:00	2:45:00
AMERICAN BIRKIE	50	FT	25/02/2023		2:20:00	2:30:00	2:40:00	3:03:00	3:20:00	3:33:00	3:47:00	4:02:00	4:20:00	4:50:00	7:30:00
AMERICAN BIRKIE	50	CT	25/02/2023		3:00:00	3:15:00	3:25:00	3:45:00	4:05:00	4:25:00	4:45:00	5:05:00	5:30:00	6:10:00	8:30:00
BIEG PIASTOW	50	CT	04/03/2023		2:30:00	2:45:00	3:00:00	3:30:00	3:45:00	4:00:00	4:20:00	4:40:00	4:55:00	5:30:00	8:00:00
VASALOPPET	90	CT	05/03/2023		4:05:00	4:30:00	5:10:00	5:55:00	6:30:00	7:10:00	7:50:00	8:30:00	9:10:00	10:00:00	12:00:00
Reistadløpet TUR SC	40	CT	01/04/2023		2:04:00	2:10:00	2:20:00	2:27:00	2:34:00	2:42:00	2:53:00	3:07:00	3:20:00	3:50:00	5:00:00
ENGADIN SKI MARATHON	42	FT	12/03/2023		1:40:00	1:50:00	2:05:00	2:23:00	2:37:00	2:50:00	3:05:00	3:20:00	3:40:00	4:00:00	6:00:00
BIRKEBEINERRENNET	54	CT	18/03/2023		2:50:00	3:02:00	3:23:00	3:45:00	4:00:00	4:20:00	4:40:00	5:02:00	5:35:00	6:10:00	10:00:00